

STONERIDGE

December 2019

COMMUNITY NEWSLETTER

Managed by

HOAMCO

3205 Lakeside Village Prescott, AZ 86301 Tel: 928-776-4479 www.hoamco.com

> Community Manager

Kathy Andrews

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On-Site Management
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Monday through Thursday
8:00am to 4:00pm
(Fridays by Appointment)

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Founder Member

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A Message from your Community Manager

Holiday Greetings StoneRidge~

As we enjoy the Holidays and inch closer to wrapping up the 2019 year, it seems like a wonderful time to reflect on the past year and look forward to the New Year. There have been so many fun events at the Community Center this year and we have been able to complete quite a few projects at the Community Center and throughout the community.

I would like to take this opportunity to thank Gary Kyle and Harry Ramsey for volunteering their time (and a lot of it at that) to serve the Community by being on the Board of Directors. Thank you to the Firewise Team for doing so much to make StoneRidge a safer community. I would also like to thank Sheila Barto and Jean Martin for being the event planners extraordinaire. And to all of the countless volunteers who have graciously shared their time to help with events, and those who serve on the various Committees, all to make StoneRidge better than ever. The StoneRidge Community of residents is truly the gem of Prescott Valley.

From the StoneRidge Community Center Team: Kathy C, Bridget, Nikki, Anne, Jacob and I, we wish you a beautiful Holiday Season full of love and laughter and a safe and Happy New Year!

Kathy Andrews-Community Association Manager



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9 AM Yoga 1 PM Bridge 1:30 PM Euchre 5-7 PM Bunco	3 8 AM Shape Up 9 AM Aeroobics 1 PM TX Hold Em 3:30 PM Game Night	4	8 AM Shape Up 9 AM Aerobics 9 AM Yoga 9 AM Beading 12:45 PM Mahjong	9 AM Yoga 9 AM Chair Yoga 10 AM Crafters 5:30 Firewise Committee Mtg	7 9 AM Tai Chi by appt. 10 AM Tai Chi SGI 9 AM
8	9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre 5 PM Sing Along	8 AM Shape Up 9 AM Aerobics 9 AM Transition Team Mtg 1 PM TX Hold Em 3:30 PM Game Night	11	12 8 AM Shape Up 9 AM Aerobics 9 AM Yoga 9 AM DRC 5-7 PM Holiday Party	9 AM Yoga 9 AM Chair Yoga 2 PM Ladies Tea	9 AM Tai Chi by appt. 10 AM Tai Chi 12—3PM Alex Halenka Santa/Hot Cocoa
15	9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre 5 PM Sing Along	8 AM Shape Up 9 AM Water Aero 1 PM TX Hold Em 3:30 PM Game Night	18 12 PM Ladies Luncheon	8 AM Shape Up 9 AM Water Aero 9 AM Yoga 9 AM Beading 12:45 Mahjong	20 9 AM Yoga 9 AM Chair Yoga 10 AM Crafters	21 9 AM Tai Chi by appt. 10 AM Tai Chi
22	23 9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre	24 8 AM Shape Up 9 AM Water Aero 1 PM TX Hold Em 3:30 PM Game Night	MERRY HRISTMAS	26 8 AM Shape Up 9 AM Water Aero 9 AM Yoga 9 AM Beading 12:45 Mahjong	27 9 AM Yoga 9 AM Chair Yoga 1 PM FC	28 9 AM Tai Chi by appt 10 AM Tai Chi
29	9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre	8 AM Shape Up 9 AM Water Aero 1 PM TX Hold Em 3:30 PM Game Night				



- December 6th 10-12:00 PM Firewise Team Meeting
- * December 12th 5-7:00 PM StoneRidge Holiday Gathering
- * December 14th 12:00-3:00 PM- Santa & Hot Cocoa
- * January 8th 5:00 PM Board of Directors Meeting
- * January 14th 5:30-7:00 PM Town of PV Open House
- * January 15th 2-4:00 PM Line Dance weekly Classes Begin
- January 15th 5:30-6:30 PM Weekly Couples Dance Begin



The Community Center will be closed during the following holidays:

Wednesday, December 25th for Christmas Day Wednesday, January 1, 2020 for New Years Day



The indoor pool deck is being resurfaced and will be closed beginning December 2nd and will reopen

December 14th.



For those that have always wanted to learn Line Dancing. Beginning January 15th at 2pm we will be teaching Line Dance for new beginners only in the Community Center. It is free to all Stoneridge residents. Come and join us. It's good exercise for the mind and body, and it's fun.

Hope to see you there! Mickie Westrick

Also beginning January 15th 5:30 to 6:30pm

Don Johnson and Mickie Westrick are offering free Couples Dance lessons to anyone interested. We'll be teaching basic dance steps for various dances.

Can you guess how many kisses are in the jar?? Stop by the Community Center front desk between December 1–24 and take a guess. Closest guess wins a \$25 Walmart gift card!





Jingle & Mingle at the StoneRidge Community Center

Thursday, December 12 from 5-7 PM

There will be finger food Hors d'oeuvres, sweets and hot drinks.

Smile for the Camera!

A photo booth will be set up for your holiday picture. Tickets will be available Friday, November 29th through December 4th for the first 125 signups.

If you sign up and are unable to attend, please call the front desk to cancel so they can contact residents that are on the wait list.





Firewise Guest Speaker: On November 13 Jake Guadiana, Assistant Fire Management Officer for the Arizona Department of Forestry & Fire Management spoke on *Battling Wildfire:* the best defense is a good offense. His presentation was engaging, informative, and entertaining. Approximately four (4) dozen residents attended.

Firewise Annual Report will be available on StoneRidge HOA website after Dec 20. Here's a few highlights:

Goal 1: Attaining & maintaining Firewise-USA recognition

- Identified StoneRidge Firewise Team goals & strategies (Jan)
- Received Firewise-USA recognition (June)

Goal 2: Encouraging residents toward "Being Firewise"

- Provided educational/informational events via Firewise Speaker Series
- Established annual StoneRidge Wildfire Community Preparedness Day which included 3 informational presentations, 3 learning stations, and a barbecue which engaged 326 residents (First Saturday of May)

Goal 3: Facilitating StoneRidge Community movement toward "Being Firewise"

- Crafted the StoneRidge Wildfire Community Protection Plan (Jan)
- Completed mitigations of greenway near Stack Rock Road, Phase 7 southeast portion near pump house, and Phase 2B north & west of Crooked Creek Trail (Oct)

Goal 4: Advocating for Reduced wildfire vulnerability beyond StoneRidge

• Collaborating with other "master-planned communities" to support adoption of "Firewise Standards" (ongoing)

Be Ember Aware - Dead or Alive?

Through effective irrigation, we can ensure that living plants in our landscape have plenty of moisture in their leaves and stems, which reduces vulnerability to wildfire. Keep your landscape plants healthy, green, and irrigated, especially during fire season. Remember to check irrigation to each plant multiple times throughout the year.

Dead vegetation poses a much greater fire hazard than living plants. The water content of dead vegetation is largely controlled by the amount of moisture in the air. In our hot, sunny, windy, and low humidity environment, dead vegetation will be very dry. The drier the vegetation, the more easily it will ignite and the faster it will burn. Dead vegetation should be removed from your yard, especially during fire season. This includes dried grass, dried weeds, fallen pine needles and leaves, dead branches on the ground or still attached to living plants, and dead shrubs and trees. The presence of dead vegetation near your home greatly increases your vulnerability to ember attack during wildfire. Remember to check for dead plants or dying branches multiple times throughout the year.

ENGAGEMENT COUNTS: StoneRidge residents attending Firewise events and engaging in yard cleanup counts toward grants for our community and Firewise USA recognition.

- Please email your **spring** and **fall** cleanup information to <u>FirewiseSR@yahoo.com</u>
 with your full name, address, lot#, dates & hours per date, plus expense (if any).
- Please sign-in at all events.

The **StoneRidge** Holiday



Neighborhood Watch Information Community Block Watch Captains

Phase 1 – Don Weseanauer 775-9365

Phase 2A—Open Phase 2B-Open

Phase 3— Louie Lissa 308-9278

Phase 4— Ira Bresof 458-9112

Phase 5 – Peggie Cassidy 848-7733

Phase 6- Pat Schoenfeldt 277-4472

Phase 7— Peggy Campbell 970-443-1044

TRASH PICK-UP

Friday 6th Friday 13th Friday 20th Saturday 28th **Community Center - 928-775-7550** HOAMCO - 928-776-4479

StoneRidge Golf Shop - 928-772-6500 Yavapai Regional Medical Center - 911

for Emergency or 928-445-2700

Central Yavapai Fire District -

911 for Emergency or 928-772-9207

Parks and Recreation - 928-759-3090

The Prescott Club - 928-775-9140

Community Services/Nancy O'Malley

- 928**-**759**-**0048

Community Center Hours

Lobby and Gym: Open 24 hours (Bring your access card to enter)

Pool: 7:00 am - 7:30 pm MPR: 7:00am-7:00 pm

Staff Hours: 7:00 am - 8:00 pm

Gathering will be held at the Community Center in the MPR.

Please come for appetizers and desserts.

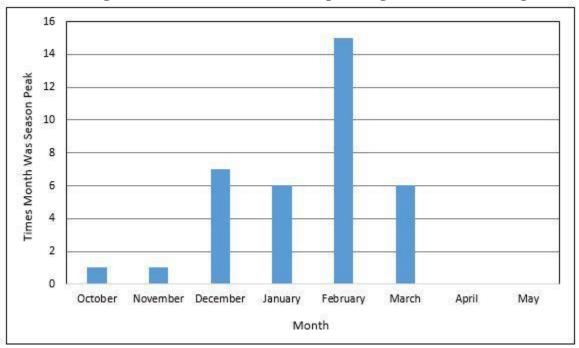
Date: Dec. 12th 2019

Time: 5:00-7:00 PM



It's Flu Season

We are getting deep into the flu season and it might be helpful to discuss the topic for our residents. According to the CDC, the "Flu Season" begins to get into full swing in October and November, peaking December through February.



During the flu pandemic 1918-1919, 650,000 U.S residents died of the flu and recently, the CDC reported that in 2018, nearly 80,000 died of flu related illnesses. According to CDC, the country as a while sees between 9.3 and 49 million cases of the flu each year.

Influenza and Rhinovirus (common cold) can be passed on in two ways. The first is direct transmission from one person to another via droplets and possibly through the air. The other is indirect transmission in which people inadvertently infect themselves after touching contaminated surfaces. **Because humans have a habit of regularly touching their faces, there is an increased chance of contracting the virus by indirect means.** This is the reason we ask all residents using the gym to sanitize the equipment after each use. In fact, it is best to sanitize the equipment before and after use.

One study found that 63 percent of the surfaces we touch on exercise equipment are covered in rhinoviruses (a.k.a. the cause of the common cold), which means the chances of catching it are high. According to "Fitness Magazine", Gyms are hotbeds of germ activity. Norovirus, which causes stomach pain, vomiting, and diarrhea, can survive for a month on the surfaces of exercise equipment.

An ounce of prevention is worth a pound of cure right? What preventative measures should we take?

- 1. Get a flu shot. Though various strains of the flu virus mutate over seasons, a flu shot may prevent you from getting the flu or reduce the longevity of the illness. According to the CDC, you can't get the flu from the shot.
- 2. Wash your hands regularly. Anti-bacterial soap is effective against bacteria and even some bacterium are resistant. Anti-bacterials are not effective against viruses such as the Rhinovirus (common cold) and the Flu Virus. Using regular soap is sufficient as long as you wash thoroughly for a full 20-30 seconds. A common timing method for washing your hands is to sing "Happy Birthday" through twice (hopefully to yourself if in a public place). Disinfecting hand sanitizers are also effective.
- 3. Stay away from people with cold or flu like symptoms. It's possible to catch the flu or a cold after handling an object an infected person sneezed or coughed on a few moments ago. But personal contact with an infected person such as a handshake or breathing in droplets from a cough or sneeze is the most common way these viruses spread.
- 4. Avoid touching your nose, eyes or mouth if you suspect contact with the virus. Wash your hands or use a hand sanitizer immediately.
- 5. Cover any cuts or broken skin with a bandage before you go to the gym.
- 6. Wash your hands before and after your workout.
- 7. Wipe down machines before and after use. To disinfect a surface, doctors recommend that you wipe so that the surface remains visibly wet for four minutes and then let it dry.
- 8. Bring your own water bottle, towels, and exercise mat.
- 9. Whenever possible, shower at home after your workout.

10. If you are sick, stay home.

RUESU ONS? We have answers! Town of Prescott Valley open House

- Wed, Dec 11th, 5:30 7pm Quailwood Clubhouse, 12725 E. Bradshaw Mountain Rd.
- Wed, Dec 18th, 5:30 7 pm Granville Community Center, 4401 N. Tuscany Way
- Tue, Jan 7th, 5:30 7pm

 PV Public Library Crystal Room, 7401 E. Skoog Blvd.
- Tue, Jan 14, 5:30 7pm
 StoneRidge Community Center, 1300 N. StoneRidge Dr.
- Wed, Jan 15, 5:30 –7pm
- Pronghorn Ranch Clubhouse, 7051 N. Antelope Meadows Dr.

Town staff will be on hand to answer your questions about the 2020-2021 Budget, Police, Roads, Utilities, Water, Growth, Parks & Recreation, Library and Volunteer Opportunities!

For more information call 928-759-3100

StoneRidge Committee Meetings:

All committee meetings are open to Stoneridge HOA Members.

Transition Team

Meeting Time: Tuesday December 10th 9 AM

Design Review Committee

Meeting Time: Thursday December 12th 9 AM

Capital Improvement Committee Meeting Time: No Meeting This Month

Finance Committee
Meeting Time: December 27th 1 PM



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Santa Comes



Saturday, December 14TH ● 12:00 - 3:00PM STONERIDGE COMMUNITY CENTER CLUBHOUSE

to Stoneridge









Meet Santa with Your Family | Free Picture with Santa | Free Candy and Cocoa

COME CELEBRATE THE CHRISTMAS SEASON WITH US WE LOOK FORWARD TO SEEING YOU THERE!

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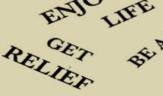


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Terri Chase





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