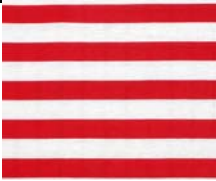







The Bradshaw Mountains

# July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NEW PM YOGA CLASS TUE & TH.		We will be open regular hours on the 4th of July		<b>Concert July 15th 6:30-8:30 Music by Crossfire</b>		<b>1</b> Lap swim 7-8:30
<b>2</b> Lap swim 7-8:30	<b>3</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Chair yoga 10:30 Bridge 12:30 Euchre 2:00	Happy Independence Day  Lap swim 7-8:30 Kickboxing 7:45 Water Aero 9:00 Ladies cards 1:00 Game night 4:00	<b>5</b> Lap swim 7-9:00 Zumba 9:00 Amelioire aqua 9:00 Tai-Chi 11:00 Line Dancing 1:30 <b>Red Cross Blood Drive 3-7:30/ MPR</b>	<b>6</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Water Aero 9:00 Mahjong 12:00 Begin. Yoga 5:30pm W.O.W 6pm	<b>7</b> Lap swim 7-8:30 Kickboxing 7:45 Yoga 9:00 Crafters 10:00 Mahjong 1:00	<b>8</b> Lap swim 7-8:30
<b>9</b> Lap swim 7-8:30	<b>10</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Chair yoga 10:30 Bridge 12:30 Euchre 2:00	<b>11</b> Lap swim 7-8:30 Kickboxing 7:45 Water Aero 9:00 Ladies cards 1:00 Game night 4:00 Begin. Yoga 5:30pm	<b>12</b> Lap swim 7-9:00 Zumba 9:00 Amelioire aqua 9:00 Tai-Chi 11:00 Line Dancing 1:30 <b>Board Meeting 5:00</b>	<b>13</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Water Aero 9:00 DRC 10:00 Mahjong 12:00 Begin. Yoga 5:30pm	<b>14</b> Lap swim 7-8:30 Kickboxing 7:45 Yoga 9:00 Ladies Tea 2:00	<b>15</b> Lap swim 7-8:30 <b>Summer Concert &amp; Dinner 6:30-8:30 @ the Community Center</b>
<b>16</b> Lap swim 7-8:30	<b>17</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Bridge 12:30 Euchre 2:00	<b>18</b> Lap swim 7-8:30 Kickboxing 7:45 Water Aero 9:00 Ladies cards 1:00 Game night 4:00 Begin. Yoga 5:30pm	<b>19</b> Lap swim 7-9:00 Zumba 9:00 Amelioire aqua 9:00 Tai-Chi 11:00 Line Dancing 1:30 <b>Chalk Paint/ Nancy</b>	<b>20</b> Lap swim 7-9 Yoga 9:00 Water Aero 9:00 Mahjong 12:00 Begin. Yoga 5:30pm W.O.W 6pm <b>Chalk Paint/ Nancy</b>	<b>21</b> Lap swim 7-8:30 Kickboxing 7:45 Yoga 9:00 Crafters 10:00 Mahjong 1:00	<b>22</b> Lap swim 7-8:30
<b>23</b> Lap swim 7-8:30	<b>24</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Bridge 12:30 Euchre 2:00	<b>25</b> Lap swim 7-8:30 Kickboxing 7:45 Water Aero 9:00 Ladies cards 1:00 Game night 4:00 Begin. Yoga 5:30pm	<b>26</b> Lap swim 7-9:00 Zumba 9:00 Amelioire aqua 9:00 Tai-Chi 11:00 Line Dancing 1:30	<b>27</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 DRC 10:00 Water Aero 9:00 Mahjong 12:00 Begin. Yoga 5:30pm W.O.W 6pm	<b>28</b> Lap swim 7-8:30 Kickboxing 7:45 Yoga 9:00 Mahjong 1:00	<b>29</b> Lap swim 7-8:30
<b>30</b> Lap swim 7-8:30	<b>31</b> Lap swim 7-9 Zumba 7:45 Yoga 9:00 Bridge 12:00 Euchre 2:00					