

January 2017



SUN	MON	TUE	WED	THU	FRI	SAT
	1 CC Closed, Gym open 24 hrs Happy New Year	2 6:30am- Kickbox 1pm-Texas hold em 4pm-Game Night 6:00pm- Pilates	3 11am- TaiChi 1:30-Line dance, mpr	4 6:30am-Kickboxing 9am- Yoga 9am- Water Aero 12:45- Mahjong 6:00pm- Pilates	5 9am- Yoga 10am- Crafters 12:45pm-American mahjong	6
7	8 9am-Yoga 10:30-no chair yoga 12:30- Bridge 1:30 -Euchre	9 6:30am- Kickbox 9am-Water Aero. 1pm-Texas hold em 4pm-Game Night 6:00pm- Pilates	10 11am- TaiChi 1:30-Line dance, mpr Quarterly Board Mtg. 5pm	11 6:30am-Kickboxing 9am- Yoga 9am- Water Aero 10am-DRC 12:45- Mahjong 6:00pm- Pilates	12 9am- Yoga 9:30- Chair Yoga 2:00-Ladies Tea	13 Pilates 8:30am
14	15 9am-Yoga 10:30-chair yoga/MPR 12:30- Bridge 12:00-Euchre	16 6:30am- Kickbox 9am-Water Aero 1pm-Texas hold em 4pm-Game Night 6:00pm- Pilates	17 11am- TaiChi 1:30-Project Linus No line dance	18 6:30am-Kickboxing 9am- Yoga 9am- Water Aero 12:45- Mahjong 6:00pm- Pilates	19 9am- Yoga 10am- Crafters 12:45pm-American mahjong	20
21	22 9am-Yoga 10:30-chair yoga/MPR 12:30- Bridge 1:30-Euchre	23 6:30am Kickbox 9am-Water Aero. 9:30-Bible Study 1:00-Fin.ance comm. 4pm-Game Night 6:00pm- Pilates	24 11am- TaiChi 1:30-Line dance, mpr 4:00-7:30-Clayton pottery class	25 6:30am-Kickboxing 9am- Yoga 9am- Water Aero 10am-DRC 12:45- Mahjong 6:00pm- Pilates	26 9am- Yoga 12:45 pm-American mahjong	27 CPR & 1st AID 8:45-1:30 MPR
28	29 9am-Yoga 10:30-chair yoga/MPR 12:30- Bridge 1:30-Euchre	30 6:30am- Kickbox 9am-Water Aero. 1pm-Texas hold em 4pm-Game Night 6:00pm- Pilates	31 11am- TaiChi 1:30-Line dance, mpr 6:30-7:30-Couples dance class			

