

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	I 9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre 5 PM Sing Along w/ Don Zieman	2 8 AM Shape-Up 9 AM Water Aero 10 AM Bible Study 1 PM Texas Hold Em 4 PM Game Night	3	4 8 AM Shape Up 9 AM Water Aero 9 AM Yoga 9 AM Beading 12:45 PM Mahjong	5 9 AM Yoga 9 AM Chair Yoga 10 AM Crafters 12:45 American Mah- jong	6 9 AM Tai Chi 10-11 AM— Tai Chi By Appointment
7	8 9 AM Yoga 1 PM Bridge 1:30 PM Euchre 5 PM Sing Along w/ Don Zieman	9 8 AM Shape-Up 9 AM Water Aero 9 AM Transition Comm 10 AM Bible Study 1 PM Texas Hold Em 4 PM Game Night	10 5 PM Quarterly Board Meeting	8 AM Shape Up 9 AM Water Aero 9 AM Yoga 9 AM Beading 9 AM DRC 12:45 PM Mahjong 5 PM Women's Bible	9 AM Yoga 9 AM Chair Yoga 10 AM Crafters 12:45 American Mahjong 2 PM Ladies Tea	13 9 AM Tai Chi 10-11 AM— Tai Chi By Appointment
14	9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre 5 PM Sing Along w/ Don Zieman	16 8 AM Shape-Up 9 AM Water Aero 10 AM Bible Study 1 PM Texas Hold Em 4 PM Game Night	17 12 PM Ladies Luncheon– Location TBD by host	18 8 AM Shape Up 9 AM Water Aero 9 AM Yoga 9 AM Beading 12:45 PM Mahjong 5 PM Women's Bible	9 AM Yoga 9:30 AM Capital Improvement Comm 10 AM Crafters 12:45 American Mahjong	20 9 AM Tai Chi 10-11 AM— Tai Chi By Appointment 5:00 PM Summer Concert
21	22 9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre 5-7 Bunco 5 PM Sing Along w/ Don Zieman	23 8 AM Shape-Up 9 AM Water Aero 10 AM Bible Study 1 PM Texas Hold Em 4 PM Game Night	24	25 8 AM Shape Up 9 AM Water Aero 9 AM Yoga 9 AM Beading 9 AM DRC 12:45 PM Mahjong 1 PM Finance Committee 5 PM Women's Bible	26 9 AM Yoga 9 AM Chair Yoga 10 AM Crafters 12:45 American Mahjong	27 7 AM- 5:30PM- P.A.I.S. Annual Iris Rhizome Sale 9 AM Tai Chi 10-11 AM- Tai Chi By Appointment
28	29 9 AM Yoga 10 AM Chair Yoga 1 PM Bridge 1:30 PM Euchre 5 PM Sing Along w/ Don Zieman	8 AM Shape-Up 9 AM Water Aero 10 AM Bible Study 1 PM Texas Hold Em 4 PM Game Night	31			